

A Sacrifice Of Praise



Praise is the joyful retelling of all that God has done. When we walk through painful circumstances we have to be diligent, more than ever, to fix our focus.

Hebrews 13:15 "Through him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge his name."

A sacrifice costs you something. You are withdrawing from something to give, it will come from a source that is needed, that's why it is a sacrifice.

When we offer God a sacrifice of praise in our painful seasons, we are choosing to fix our focus on everything He had done, knowing He is more than able to heal and provide everything we need, because He is faithful.

A sacrifice of praise does not deny the reality of our current circumstances. It is choosing to offer praise in spite of our current circumstances.

Praise is a weapon against the enemy.

A sacrifice of pain prevents us from pitching a tent in our pain.

The fruit of our lips can be positive or negative. Fixing our focus on God and continually offering a sacrifice of praise will cause the fruit of our lips to be positive, life-giving balm for our present circumstances.